



Island Activities Guide

Aloha and welcome to the Sheraton Maui Resort & Spa! All tours and activities must be booked in advance. Reservations are made at the Hotel Activity Concierge desk located in the main lobby and at the Pool Activity Desk. Please call (808) 662-8135 or the in-house extension at 38135 for information and reservations.

RELAX AT BLACK ROCK SPA

The Spa at Black Rock located at the beautiful Sheraton Maui Resort and Spa opened its doors early 2009 adjacent to the famous Pu'u Keka'a Black Rock. Ka'anapali's premier island-style boutique spa features massages, facials, body treatments and manicure & pedicures. Open daily from 8:30a.m.-7p.m.

MAUI BY SEA

TERALANI CATAMARAN PREMIER SNORKEL

Departing Ka'anapali Beach on a 65' catamaran for a day of unbelievable snorkeling. Two snorkel locations, all snorkel equipment and lessons are provided. Enjoy a continental breakfast, BBQ lunch, refreshments & open bar!
\$119 adults, \$99 teens, \$69 children (3-12). Check-in 9:00am 9:30am - 2:30pm. Daily except Sunday

TERALANI CATAMARAN WEST MAUI SNORKEL

Four hours on the water as you explore the West Maui coastline. All equipment, snorkeling lessons, continental breakfast, deli style lunch, refreshments & open bar provided.
\$95 adults, \$79 teens, and \$59 children (12 and under). Check-in 10:30am 11:00am - 3:00pm Daily except Saturday

SUNSET DINNER SAIL

Board Ka'anapali's newest luxury catamaran, departing just steps from your hotel room. Serving a full buffet dinner and open bar as you take in spectacular views of the outer islands and the magnificent West Maui Mountains.
\$79 adults, \$69 teens, \$59 children ages 3-12. Check-in 4:00pm 4:30pm - 7:00pm Nightly

SUNSET COCKTAIL SAIL

Departing from the beach just steps from your hotel room. Board a luxury catamaran and enjoy a late afternoon cruise off the coast of Maui. Enjoy appetizers, an open bar, and the magnificent Maui sunset.
\$59 adults, \$49 teens, \$39 children ages 3-12. Check-in 4:30pm 5:00pm - 7:00pm Nightly

SCUBA DIVE AT BLACK ROCK KA'ANAPALI BEACH

Introductory Beach Dive - no experience necessary, includes all equipment. \$119 per person. 9:30am and 1:30pm. Daily. Night Dives, Beach Dives, and Scooter Dives are available for certified divers. \$79-\$99 per person includes all equipment. Open Water PADI Certification Course, Private \$599 / Semi-Private \$449 per person.

SNORKEL MOLOKINI & TURTLE TOWN

Swim and snorkel at an aquatic and wildlife sanctuary, with over 100 feet of underwater visibility. Continental breakfast, lunch, equipment and instruction included. *Dolphin search, Scuba & Snuba options are available!*
Departing Ma'alaea Harbor. \$89-\$119 adults. \$55 children. 7:30am - 12:30pm. Afternoon trips \$42+ per person. Add on Geo Trek's digital underwater camera snorkel mask for \$39.99

LANA'I SNORKEL SAFARI

Circumnavigate the island of Lana'i in a once-in-a-lifetime adventure! Experience shipwrecks, remote beaches, sea cliffs, sea caves, lava pinnacles, waterfalls and dolphins, plus two different snorkel sites that few people get to experience. Breakfast, lunch and beverages, snorkel gear included. \$139 adults, \$64 children (5-12). 7am -1:30pm Daily

LANA'I DOLPHIN ADVENTURE

4.5 hour Lana'i Snorkel Adventure includes snorkeling 2 sites. You may encounter the Hawaiian Spinner Dolphin, Sea Turtles & tropical fish. Breakfast, snacks and Deli Style lunch included. Daily 7:30am-12:30pm \$89adult \$59 child (5-12)
7 hr Landing trip - with 3 hrs on Lanai to explore tide pools & Manele Bay Mon/Wed/Fri 9:30am-4:30pm \$114 p/p

SCUBA DIVE LANA'I or MOLOKINI

Departing from Lahaina to the Island of Lana'i, Molokini Crater, or along Maui coastline for a two-tank dive. All equipment provided. Certified divers only, any level of experience. From \$129 per person + equipment rental.

DEEP SEA FISHING

Reel in the big one! Hawaiian game fish include Mahi Mahi, Ono, Ahi, and the Pacific Marlin. ½ Day share \$175 per person, ¾ day share \$200 per person, Full day share \$225 per person. Private charters also available.

PARASAILING

Departing from Ka'anapali Beach and Lahaina Harbor daily. See it all from the sky with the latest in lift-off technology. Solo or tandem rides available. Deluxe Flight, 800' \$75, Standard Flight, 600' \$65. Must be 125 lbs to fly solo. Children must be 6 years old to fly. Non-flying passenger \$30 per person, child must be 3 years old to be observer.

WAVE RUNNER RENTAL

Cruise the Pacific Ocean on your own personal watercraft! No experience necessary. Safe, easy to drive and fun. One-hour Rental \$100, Half-hour Rental \$70. Additional Passengers \$15. Departing Ka'anapali Beach only. Must be 18 years of age to drive personal watercraft. Wave Runner rentals available from May 16-Dec 15 only.

SUBMARINE RIDE

Enjoy the excitement of being on a real submarine as an experienced crew shows you the marine life for which Hawaii is famous. This 46 passenger, air-conditioned submarine dives down to 130 feet below the surface.

Adults \$99.00, Children (must be above 3 feet tall) free with paying adult, extra children \$45. *Ask about the Value Pass!*

SAILING

Performance sails and trade wind Sunset sails on an America's Cup contender. Experience the thrill of sailing at its finest with a crew who likes to go fast! Whale watching possible. Departs Lahaina Harbor daily. \$44.95 per person. Times vary.

SURF LESSONS – Ka'anapali Beach or Lahaina Harbor locations

The surf is always up in Maui. You're guaranteed to surf in your first lesson. Fun, exciting, safe and easy to learn. All ages welcome. 2 hour lessons \$75 - \$65 per person. Times vary from early morning to afternoon.

Semi-private lessons, private lessons and full day surf camps also available.

SEA KAYAKING

Kayak tours available for those who want a closer look at Maui's beautiful coastline. Snorkeling equipment, snacks, refreshments are provided. Two to six hour tours available. \$65-\$99. Typical check-in is 7:15am

MAUI BY LAND

HANA PICNIC TOUR

See the most beautiful area of the Valley Isle without having to drive the dreaded "Hana Highway" yourself! Full day van tour to the Hana rainforest are available daily. See magnificent waterfalls, exotic flowers, a black sand beach and miles of unbelievable coastline. Continental breakfast, lunch, snacks and beverages are included. Minibus or luxury van tours \$139+ per person. 7:00am – 7:00pm. Private charters also available.

HALEAKALA CRATER SUNRISE

Wake up to the most spectacular sunrise on Earth! Where one can see for miles across the sky. Multiple panoramic island views and numerous photo opportunities. Full narrated tour of the largest dormant volcano in the world.

Hotel pick-up, coffee, juice & pastries included. Adults \$87, Children \$52. 2:15am – 10:15am Tuesday thru Saturday

GPS AUDIO TOUR GUIDE

Geo Trek's personal navigation devices feature two unique audio tours of the Road to Hana & Haleakala. Just drive, look, and listen as precisely-timed custom content is delivered based upon your exact location. Travel at your own pace without confusing maps or CDs. \$39.99 per day.

HALEAKALA DAY TOUR

Fully guided luxury van tour of Haleakala and "upcountry" Maui. Exotic Protea farm, Lavender Gardens, and Tedeschi Winery are all included stops. Hotel pick-up, continental breakfast, and lunch. 7:00am – 5:00pm. \$199 per person.

ZIPLINE

Ka'anapali - Eight amazing ziplines allow you to soar high above streams and waterfalls. Includes continental breakfast or lunch. \$149.95 per person 5 minute drive (4 hour tour)

Weight restrictions apply, minimum of 80 lbs. max of 260lbs, must be 10 years of age

Haleakala – Five zipline crossings over a beautiful valley on Haleakala Ranch. \$95 per person 1.5 hour drive (2 ½ hrs tour)

Weight restrictions apply, minimum of 80 lbs. max of 260lbs, must be 10 years of age

Kapalua - Upper Mtn Loop soars high above tree canopies, over lush valleys and a secret waterfall on five ziplines, including line #3, the longest, at 2,300 feet in length. Must be able to carry gear of 15 lbs. - \$179 per person (20 min drive)

Weight restrictions apply, minimum of 60 lbs. max of 250lbs, must be 10 years of age

Makawao – Upcountry location has 4 or 5 line tours, with the 5 having the longest zipline in Hawaii at 2,800 feet \$190 p/p 1 hr, 15 minute drive (3 hour tour) *Weight restrictions apply, minimum of 75 lbs. max of 275lbs, must be 10 years of age*

NOTE: Athletic shoes or hiking boots are required for all zipline tours, no exceptions!

HALEAKALA SUNRISE/DOWNHILL BICYCLE TRIP

Watch the sun come up over Haleakala Crater at the 10,023' elevation, followed by a van tour of the National Park. Begin your bicycle adventure from 6500', down the incredible mountainside. No pregnant women. Children must be 12 years old and at least 5'0" to ride on their own. Includes hotel pickup, continental breakfast and no-host lunch.

Sunrise Tour: \$125-\$155 per person. Pick-up approx. 2:30am **Day Tours** \$150 per person. Pick-up 7am.

WATERFALL HIKE

Half day, ¾ day and full day hiking tours through Hawaii's most unique rainforests. Explore waterfalls and rainforests on the Road to Hana or in remote areas of the West Maui mountains. Includes continental breakfast and lunch.

Half day -1 Mile hike (7:30am to 12:30 pm) \$75p/p, **¾ day** 2.5 Mile Hike (8:30am to 3:00pm) \$105 p/p,

Full day (Hana) – 4.5 Miles \$160 p/p (7:30am – 6pm). Hotel Pick Up available on some hikes.

WEST MAUI ATV ADVENTURES/WATERSLIDE TOUR

Enjoy a ride in your own Rhino Jeep through an active cattle pasture on private trails inaccessible to the general public.

Experience the unspoiled West Maui Mountains with breathtaking views of Lahaina Town, Ka'anapali, Lana'i & Moloka'i.

Snacks and beverages incl. 2.5 hours – 8:00am ATV only / 11:00am / 2:00pm \$129 p/p share buggy, \$199 single.

HORSEBACK ADVENTURE

West Maui Journey ride takes you through a region called "Maile Pai" meaning "fast growing vine," visiting rolling hills and lush tropical valleys along the way. An easy-going journey recommended for all riding levels with several departures daily. 1 ½ hours - \$90 per person. Sunset Rides also available.

NATIVE HAWAIIAN HORSEBACK ADVENTURE (3 Hour Drive)

Ride through the lush rainforest, viewing Maui's largest waterfalls and the "Seven Sacred Pools" of Oheo Gulch on horseback. Guided by Native Hawaiians sharing their local history, diverse culture, and knowledge of the "aina". *A truly unique and local experience!* Regular morning and limited afternoon rides available. \$150 per person.

MAUI BY AIR

HELICOPTER TOURS

The #1 Activity on Maui! Fly in an A-Star or EC130 helicopter, equipped with state-of-the-art video equipment, stereo headphones, and full narration. A once-in-a-lifetime opportunity to see Haleakala Crater and the beautiful Hana rainforest as well as the West Maui Mountains by air! Or fly to Moloka'i to see the tallest sea cliffs in the world! Touchdown and private tours are also available. Price does not include fuel surcharge. **Ask about Early Bird Specials!**

West Maui Deluxe (30 minutes) from \$125 per person.

Haleakala Crater (30 minutes) from \$125 per person.

Hana and Haleakala (45 minutes) from \$210 per person.

Complete Island (60-65 minutes) from \$270 per person.

West Maui & Moloka'i (45 minutes) from \$205 per person

West Maui and Moloka'i (60-65minutes) from \$265 p/p

Helicopter Operators may have additional charges for passengers who weigh over 240 lbs.

HANA SKY TREK

Combine a 40-minute Helicopter tour of *Haleakala Crater* and the *Hana rainforest* with a deluxe 3 1/2 hour limo-van tour. See it all from the air, then land in Hana to swim in a waterfall and walk on a black sand beach. A gourmet picnic lunch is provided with smoked chicken and pasta salad, all served on china and linen.

Departing from Kahului Heliport. \$344 per person. 7:00am – 1:30pm or 11:15am – 5:30pm. 48 hour cancellation policy.

VOLCANO AIR TOUR

See the best that the Hawaiian Islands have to offer. A two hour epic air tour over the island of Maui and off to the Big Island to watch the Goddess Pele create the Earth. See the lava flow (weather permitting) from *Pu'u O'o Vent, Hamakua Coastline, Hana Rainforest, Haleakala,* and the *West Maui Mountains*. Flights daily from the West Maui (Kapalua) Airport and Kahului Airport. \$395 per person. , Sunset tour from Kahului Airport \$355. Non-refundable

MAUI AT NIGHT

KAANAPALI SUNSET LUAU AT THE SHERATON MAUI RESORT

Travel through the islands of Polynesia at a beachside luau! Experience the songs and dances of the Polynesian cultures - Hawaiian, Samoan, Tahitian, Fijian, Tongan and more. An all-you-can-eat grand buffet dinner, open bar and show. \$99 adults, \$52 children 6-12, children under 5 are free. Monday/Wednesday/Friday 5:30pm

MAUI THEATER PRESENTS “ULALENA”

‘Ulalena is a unique theatrical experience with original music, song, Hawaiian and modern dance, and acrobatics, all performed by an international cast. *‘Ulalena* weaves together the images of Hawaiian mythology and history through dance and music. This is truly a Broadway caliber performance! Tues/Wed/Fri/Sat only at 6:30pm. Standard Seating \$59, Premium Seating \$69, V.I.P. Package \$79, Ruth’s Chris Dinner Package \$129, Lahaina Grill Dinner Package \$170

CIRQUE POLYNESIA

Cirque Polynesia provides non-stop action with each stunning individual performance as entertaining as the last. Contortionist, aerial acrobats, masters of balance, aerial illusionists, quick-change transformations are superbly complimented with an intimate stage setting and state-of-the-art lighting. Mon – Sat 6:30pm \$75 adults, \$39 children

MAGIC DINNER SHOW

Enjoy a delicious multiple-course meal while watching cutting-edge illusions and magic performed by Jody Baran. Also experience the legends of Hawai’i through hula and chanting by the award-winning Kano’eau Dance Academy. Great for the entire family! Tuesday – Saturday 5pm. Adults \$79, Teens \$55, Children \$39. *Premium Seating Available!*

OUTER ISLAND

PEARL HARBOR - ISLAND OF O’AHU

One of the most-requested tours is the full day tour to “The Gathering Isle”. Tour the USS Arizona Memorial, the USS Missouri, and visit the Punchbowl Cemetery. Visit the Historical Monuments around Honolulu for a complete day of fun. From \$299 per person. West Maui departure available from \$309 per person. *All ground transportation, admission fees, and airfare included on Oahu. Airfare is non-refundable.*

THE FRIENDLY ISLE - ISLAND OF MOLOKA’I

Board a ferry and ride across the ocean to Moloka’i! An opportunity to visit Kalaupapa Sea Cliffs, Kaunakakai Town, Father Damien’s Church, an ancient Heiau, Macadamia Nut farm and more. Includes round trip ferry, ground transportation, and lunch. \$230 adults, \$160 children. *Ask about the ferry only and rental car packages too!*

EXPLORE THE ISLAND OF LANA’I

Cruise and 4X4 packages available to discover the Pineapple Isle. Snorkel with the dolphins and explore beautiful Manele Bay. *Golf and overnight packages are also available!* Round-trip ferry only \$60 per person. Multiple departure and return times daily.

BIG ISLAND OF HAWAI’I – VOLCANO ADVENTURE

Tour through rustic Hilo Town on your way to Hawai’i Volcanoes National Park. Visit the Volcano Observatory, Jagger Museum, and Thurston Lava Tube. See steam vents, and Kilauea Iki Crater, Rainbow Falls. Trained guides escort you to the edge of a 2000 degree lava flow (Weather and safety permitting). Round Trip airfare included from \$399 per person. *Airfare is non-refundable.*

ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE. PRICES DO NOT INCLUDE STATE AND HARBOR TAXES. VENDORS HAVE A STRICT 48 HOUR CANCELLATION POLICY UNLESS STATED OTHERWISE. ACTIVITIES ARE NON-REFUNDABLE WITHIN 48 HOURS OF THE ACTIVITY DATE AND TIME. ADDITIONAL RESTRICTIONS MAY APPLY.

Call to Reserve Today! 808-662-8135 or 808-661-0031 ext. 38135

Email: smc@bamhawaii.com

6/27/10